

# Volunteer Opportunities

We value all our volunteers and have opportunities available for all ages and most abilities. However, please note that some shifts have special requirements (specified on the shift within the portal) such as the ability to arrive 10 minutes early, the ability to stand for the duration of the shift, full mobility of both hands, the ability to handle fast paced work, minimum ages, special training, clearances, etc. These requirements are in place for your safety and to enable us to run shifts smoothly and efficiently.

**Sorting & Packing (formerly Bulk or Box Packing):** Various tasks such as sorting produce, repackaging food and other items, packing food boxes, etc. Minimum age: 10

**Family Friendly—Sorting & Packing:** Various tasks such as sorting produce, repackaging food and other items, etc. Occasionally we have a children's craft/activities table in conjunction with these shifts. For all ages

**Stocking Dry Area:** Assist stock associates at Selection Centers. Minimum age: 10

**Stocking Cooler & Freezer:** Assist stock associates in the cooler/freezer area at Selection Centers. Minimum age: 10

**Cleaning:** Help keep our facilities clean. Minimum age: 10

**Dehydration/Food Processing:** Assist with the food dehydration process. Minimum age: 10

**Compost Processing:** Help dispose of and prep expired food for composting. Minimum age: 12

**Children's Activities Supervisor:** Oversee the Children's Craft Table. Clearances required for those over age 18.

**Fundraiser Events:** We have multiple events annually to raise funds to help feed the hungry. Minimum age: varies

**Photography:** Capture professional marketing images at our outreaches and volunteer shifts.

**Forklift Operator:** Help load/unload trucks. Forklift license required.

**Truck Driver:** CDL and Non-CDL licensed volunteers can do food deliveries and pickups. Valid license required.

**Truck Washing:** Help keep our delivery trucks clean. Minimum age: 18

**Maintenance:** Help us keep things maintained and running smoothly. Minimum age: 18